

**DARNALL ARMY COMMUNITY HOSPITAL  
NUCLEAR MEDICINE SERVICE  
254 288-8290**

**NUCLEAR ESOPHAGRAM**

The esophagram is a safe, simple way to evaluate the progression and clearance of food or liquid from the esophagus to your stomach. **The examination does require you to have nothing by mouth after midnight on the day before the study.** On the day of the test, you will be given a liquid meal consisting of water or orange juice followed by a scrambled egg mixed with a small amount of the radioactive element called Technetium. The radioactivity associated with this test is negligible and you will feel no ill effects.

Requirements for the study:

1. Remain NPO (nothing by mouth) after midnight the night before examination.
2. Check in with our secretary. We ask that you bring 2 raw eggs, which the technologist will prepare for you.
3. The technician will escort you to the examining room.
4. You will be positioned sitting in front of a large camera.
5. Images will be taken as you drink the liquid and eat the solid meals.
6. Remain sitting about 30 minutes until completion of the study.
7. The pictures will be reviewed by the physician prior to your leaving.

YOUR APPOINTMENT IS ON \_\_\_\_\_ AT \_\_\_\_\_ HOURS

DACH NUCLEAR MEDICINE DEPARTMENT – 254 288-8290/8291

*\*To avoid unnecessary radioactive material exposure to your child (children), please DO NOT BRING THEM TO THE CLINIC unless they have a scheduled appointment.*