



Media Release

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CRDAMC and 1st Cav. Div. celebrate Embedded Behavioral Health with an Open House

FORT HOOD, Texas – Carl R. Darnall Army Medical Center (CRDAMC) will host an open house in honor of the new 1st Cavalry Division Embedded Behavioral Health Team (EBHT) grand opening, on Dec. 5, at 10 a.m.

Embedded Behavioral Health (EBH) is an early intervention and treatment model that promotes Soldier readiness (pre, during, and post-deployment). It significantly improves access to behavioral health care for active duty Soldiers, better supports the mission readiness of the force and improves the communication between behavioral health professionals and line leaders.

Fort Hood has been dedicated to EBH and providing Soldiers with this proven, superior model of behavioral health care delivery since October 2010, when CRDAMC, in a coordinated effort with 1st Cavalry Division, fielded the first Embedded Behavioral Health team in the 1Cav. Div. footprint.

The EBH model provides multi-disciplinary behavioral health care to Soldiers close to their unit area and in coordination with unit leaders to maximize diagnostic accuracy and improve treatment outcomes in support of the Army Force Generation cycle and to ultimately, reduce risk.

In the EBH model, an EBH team is integrated within the footprint of the unit it serves and it is dedicated to that unit. This enables Soldiers and their commands to form relationships with their providers and develop trust in their team.

The team is dedicated to a specific unit which ensures continuity of care, allows for better access to care, and decreases the stigma of behavioral health care. EBH delivers on the promise of safe and effective medical care through evidence-based treatments for Soldiers and expert consultation for combat leaders to spearhead the Army's effort to increase resilience and reduce morbidity from psychiatric disease which can impact individual and unit readiness.

The new 1st Cav. Div. EBHT will be located in Bldg. 29028 on the corner of Battalion Avenue and 72nd Street.

Media interested in attending this event should contact the CRDAMC Public Affairs Office at (254) 288-8005 or 286-7954 by 4 p.m. Dec. 4, for meeting time and location.