



## Media Release

Carl R. Darnall Army Medical Center

Public Affairs Office

36000 Darnall Loop

Fort Hood, Texas, 76544

[erin.m.cooksley@amedd.army.mil](mailto:erin.m.cooksley@amedd.army.mil) Email

Telephone (254) 553-1870/285-7102

Web site: [www.crdamc.amedd.army.mil](http://www.crdamc.amedd.army.mil)

Oct. 15, 2013

### *Military Retiree Health Fair set for Oct. 26*

Seasonal flu vaccine available

#### CRDAMC Public Affairs

**FORT HOOD, Texas** – The 39<sup>th</sup> annual Retiree Health Fair sponsored by Carl R. Darnall Army Medical Center will be held Oct. 26 at the Thomas Moore Health Clinic located on the corner of 58<sup>th</sup> Street and 761<sup>st</sup> Tank Battalion Ave. on Fort Hood.

Representatives from various CRDAMC departments will be on hand from 9 a.m. – 2 p.m., Saturday, Oct. 26, dispensing information, conducting screenings, and answering questions for Central Texas retired military personnel and their spouses.

The seasonal flu vaccine, always the biggest draw for retirees, will be available. Retirees are also encouraged to get the Tetanus, Pneumococcal, and Zostavax shots, which will also be available at the health fair. Retirees must bring a note signed by their primary care provider stating there are no contraindications for the individual to receive the Zostavax immunization, which is a vaccine that helps prevent Shingles in individuals 50 years of age and older.

Vaccines will not be available for children of retirees attending the health fair.

Retirees can also take advantage of screening opportunities covering healthcare concerns such as glucose level, blood pressure, weight, and dental.

Representatives from various Darnall Medical Center clinics and departments will have booths and information on such topics as tobacco cessation, nutrition, complementary and alternative medicines, diabetes, asthma, Team Up in your health care, women's health, pharmacy, physical therapy, substance abuse, behavioral health and dental care.

DENTAC will provide oral cancer screening services and have an information table set up at the health fair.

For more information, contact the Health Promotion & Wellness Program, at 288-8488.