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## VA PHYSICAL PROCESS

SMRC # (254) 285-6232/6645/6266

1. IN ORDER FOR YOU TO GET A VA/DOD EXAM COMPLETED, PRIOR TO YOUR PERMISSIVE TDY DATE, TERMINAL LEAVE DATE OR ETS DATE YOU MUST LEAVE YOURSELF ENOUGH TIME TO MAKE TWO COPIES OF YOUR MEDICAL RECORDS AND ATTEND ONE MANDATORY SCHEDULED VA CLAIMS BRIEFING AND ONE MANDATORY WALK-IN RECORDS SCREENING. IF YOU DO NOT HAVE THE REQUIRED TIME TO COMPLETE THE VA/DOD EXAM REPORT TO YOUR LOCAL TMC FOR SLOTS AVAILABLE TO DO PART II OF AN ETS PHYSICAL. ETS PHYSICALS ARE NOT REQUIRED TO GET OUT OF THE MILITARY, NOR DO THEY HAVE ANYTHING TO DO WITH MAKING A VA CLAIM, PER AR 40-501, PARA 8-24. A DD FORM 2697 AND A TRANSITION MEDICAL OPTION STATEMENT, DESIRING NOT TO UNDERGO A COMPLETE MEDICAL EXAM MAY BE SIGNED IF TIME DOES NOT ALLOW FOR THE COMPLETION OF THE PHYSICAL PROCESS. YOU CAN STILL FILE A VA CLAIM BEFORE OR AFTER YOU ETS. IF YOU ETS AND DID NOT COMPLETE YOUR VA CLAIM YOU CAN STILL REPORT TO YOUR CLOSEST REGIONAL VA OFFICE. IF YOU HAVE THE ALLOTTED TIME TO UNDERGO A COMBINED VA/DOD PHYSICAL PROCEED WITH LINE 2.
2. STOP BY THE ACAP CENTER, LOCATED ON THE 3<sup>RD</sup> FLOOR OF THE (**COPELAND CENTER**, BLDG 18010) TO BE PUT ON THE SCHEDULE TO ATTEND THE VA DISABILITY BRIEFING, ROOM #110.
3. ATTEND THE VA DISABILITY BRIEFING, COPELAND CENTER, BLDG 18010, PRIOR TO PART 1 PHYSICAL OR AFTER THE PART 1 PHYSICAL  
  
**(ETS & RETIREMENT) - MONDAY'S** AT 1245 HRS OR **(MEB)** - EVERY OTHER **MONDAY** AT 0900, **1<sup>ST</sup> FLOOR**, ROOM #B110 (YOU DO NOT NEED YOUR PART I PHYSICAL OR RESULTS TO ATTEND BRIEFING). POC: 288-2227
4. RETURN TO THE **COPELAND CENTER**, 3<sup>RD</sup> FLOOR, **ROOM 308 – A WING** (VA SECTION) WITH **A COPY OF YOUR MEDICAL RECORDS AND THE VA CLAIMS FORM**, WHICH YOU RECEIVED DURING YOUR INITIAL VA DISABILITY BRIEFING. (YOU WILL BE PROVIDED ASSISTANCE IN FILLING OUT THE CLAIMS FORM). THIS IS DONE ON A WALK-IN BASIS BETWEEN THE HOURS OF 0800 – 1100 & 1300 – 1500. (YOU DO NOT NEED YOUR PART 1 PHYSICAL PACKET OR RESULTS TO ATTEND THIS BRIEFING) POC: 288-3700
5. RETURN TO THOMAS MOORE HEALTH CLINIC, **ROOM B087** (MRS. HARDY) TO PICK UP PART I PACKET. **DO NOT STOP AT THE SMRC FRONT DESK.**

### NOTE:

#### \* PRIOR TO PICKING UP PART I PACKET:

LABS FOR PERSONS UNDER 40 MUST BE COMPLETED

LABS, SERACULT CARDS (STOOL CARDS), EKG'S AND CHEST X-RAYS FOR PERSONS 40+ MUST BE COMPLETED

#### \* MRS. HARDY (RM B087) HOURS OF OPERATION:

0800 – 1100 Hours (Mon – Thur)

1300 – 1500 Hours (Mon – Thur)

0800 – 1100 Hours (Friday)

6. PROCEED TO **ROOM B093** (MRS. HOLMAN) OR **B095** (MS. JONES) TO **SCHEDULE YOUR COMBINED VA/DOD PHYSICAL**. SIGN IN ON THE CLIPBOARD ON THE WALL UNDER THE VETERANS AFFAIRS SIGN; HAVE IN YOUR POSSESSION THE COMPLETED VA CLAIMS FORM AND YOUR PART I PHYSICAL RESULTS. **DO NOT STOP AT THE SMRC FRONT DESK.**